

Lowerplace Primary

Autumn/Winter

Monday

Tuesday

Wednesday

Thursday

Friday

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Thai Vegetable Curry & Citrus Rice Fish Fingers Buttered Bread Seasonal Veg & Potato Smiles Iced Spice Cake	Homemade Chicken & Vegetable Pie Potatoes & Peas Mexican Bean Chilli Nachos & Cheese Cherry Bakewell Sponge & Custard	Beef Lasagne Winter Leaf Salad Garlic Focaccia Battered Fish, Mushy Peas & Twice Cooked Chips Strawberry Sundae	Fresh Kitchen Traditional Roast Roasted Squash Vegetables Tomato Casserole & Crusty Roll Syrup Sponge & Custard	Saucy Caribbean Chicken Griddled Pineapple Rice & Peas Cheese & Tomato Pizza Herby Potatoes & Sweetcorn Chocolate & Banana Delight
Week 2	Vegetarian Sausage in a Bun with Tomato Sauce Corn on the Cob Falafel Chilli & Coriander Vegetable Rice Chocolate & Vanilla Stack	BBQ Chicken & Cheese Bake Noisette Potatoes Green Beans Roasted Winter Vegetable Houmas & Flat Bread Marble Sponge & Custard	Lancashire Lamb & Pea Pie Rosemary Potatoes & Mint Gravy Fish Fingers Buttered Bread Seasonal Vegetables & Potatoes Warm Treacle Tart & Dollop of Freshly Whipped Cream	Chilli Con Carne Warm Tortilla & Rice Leek, Cheese & Garlic Creamy Pasta Bramley Apple Pie & Custard	Hearty Beef & Carrot Casserole & Yorkshire Pudding Battered Salmon Peas & Crispy Potatoes Chocolate & Beetroot Brownie & Vanilla Anglaise
Week 3	Tomato & Garlic Pizza Panini Homemade Wedges & Corn Vegetarian Casserole with Sour Cream Scones Sticky Apple, Ginger Pudding & Toffee Sauce	Cottage Pie Fish Fingers Buttered Bread Seasonal Veg & Potato Smiles Vanilla Cheesecake Fruit Compote	Sausage & Mash Proper Thick Gravy Meatless Meatloaf Creamy Mash & Gravy Chocolate & Blood Orange Muffin	Meat & Potato Pie, Rich Gravy & Pickled Vegetables Sticky Wok Vegetables & Rice Noodles Rice Pudding & Fruit Puree	Beef Grill Skinny Fries & Roast Cauliflower Florets Fish Stars Skinny Fries & Roast Cauliflower Florets Warm Cookies & Milkshake
Week 4	Crispy Vegetable Escalope Peas & Corn & Roast Spuds Sweet Potato & Chickpea Curry, Rice & Naan Tangy Lemon Drizzle Cake	Tatty Hash & Dumplings Vegetarian Bolognese & Wholemeal Pasta Freshly Made Scones with Jam & Clotted Cream	Braised Meatballs Tomato & Oregano Sauce Orzo Pasta Salmon Fish Fingers Garden Peas & Chips Strawberry Lattice Tart & Custard	Chicken Tikka Masala Rice & Naan Wedge of Cheddar Cheese & Onion Pie, Baked Beans Sultana Granola & Oat Bar & Milk	Stuffed Crust Mozzarella & Tomato Pizza Seasonal Pots & Veg Butternut Squash & Parmesan Risotto Chocolate Sponge & Custard

Available Daily

Pasta of the Day, Jacket Potato with Various Fillings, Sandwiches, Buffet Cart, Yoghurt, Milk, Biscuit, Fresh Fruit